

**Summer
Schedule 2025**

Early morning,
March 29 to 30

02:00



03:00



Origin and history of time change

When and where was the first time change?

- 1916 in the United States and the reason was to save fuel

Timetable in Spain

- First change of time in 1918
- Between 1920 and 1925 and between 1930 and 1936 there was no time change
- During the Civil War there were two different timetables, one for each side
- In 1940, the government decided to share timetables with Central European countries
- The BOE states that the time change will continue to exist at least until 2026

